

#### **PERUVIAN ANDES ADVENTURES**

#### **HUAYHUASH MINI TREK**

8 days trekking Grade: Moderate Highest Point: 4750m

This awesome eight-day trek takes you to the pristine heartlands of the Cordillera Huayhuash, one of the most stunning mountain areas - and best-kept secrets - in the Americas.

Our Huayhuash Mini Trek is an awesome expedition specially designed for those trekkers who do not have sufficient time to trek the complete Huayhuash Circuit (12-15 days), but still want to get to the heart of the awesome Cordillera Huayhuash and undertake some serious hiking. The Mini Trek is also a good option for active people who feel they may not be strong enough to undertake a more physically demanding full circuit trek.

Of all the Huayhuash trek options, this would be the least physically demanding as there are some shorter days and also extra days spent at some campsites for R& R, although it is still a moderately hard trek with having to climb to the top of 4 high passes and reasonable fitness is required.

We have designed the trekking route to include the overwhelming majority of the many breathtaking sections the Huayhuash range has to offer. You camp beside beautiful lakes which offer the most stunning panoramas of the range's largest mountains. These include Yerupajá (6634 metres), the second highest peak in Peru, Siula Grande (6344m), made famous by the book and film "Touching the Void", recounting Joe Simpson's epic feat of survival, Jirishanka (6094m) and many more.

There is a relaxing start to this trek. We drive from Huaraz to the eastern side of the Huayhuash and visit the impressive Inca ruins of Huanuco Viejo. After a night's camp on the extensive plateau of Huanuco Pampa, we continue to our trail head at Queropalca and begin the anti-clockwise trek which sees takes us through the beautiful wilderness of the Cordillera Huayhuash.

**Note 1: Grading** Although we grade the trek as medium, you do have to cross four passes above 4500m. This implies demanding hiking and consequently both a reasonable level of fitness <u>and</u> adequate acclimatisation to altitude are necessary.

**Note 2: Horses** We can organise horses for the trek for those who wish to visit the beautiful Cordillera Huayhuash but may not feel they want to hike the complete distance. You would be able to ride horses on undulating and flat ground, and to the tops of passes, but would need to descend from the passes on foot. The hire of a horse implies an extra cost.

# Day 1: Drive Huaraz/Huanuco Pampa & Visit Remote Huanuco Viejo Ruins

We drive in our private bus for some 5 or 6 hours 230kms from Huaraz to Huanuco Pampa (3736m). Along the way we have our first distant views of the breathtaking Cordillera Huayhuash. We stop to take in the amazing views and marvel at the vastness of the surrounding countryside. We set up camp under vast blue skies at Huanuco Pampa, near the Inca ruins of Huanuco Viejo which we spend the afternoon visiting. The site was an important Inca settlement, probably a tambo - major stopover point and storage site - built on the main Cuzco-Quito route. The site covers several hundred hectares and substantial ruins remain, including the main temple usnu, accommodation for the Inca elite, women's quarters and a garrison, not to mention private quarters and baths for the visiting Inca. We see fine examples of the same intricate stonework found in Cusco, with solid walls of precisely interlocking stones which have withstood centuries of earthquakes.



Huanucopampa Ruins

### Day 2: Hiking to Laguna Carhuacocha Lake and Camp on the Lakeshore

Drive for 3 to 4 hours 105kms from Huanuco Viejo via Baños village to Queropalca village at 3800m. In Queropalca we meet our donkey drivers and donkeys and start the trek with a relaxing uphill hike on a gentle gradient to Laguna Carhuacocha (4200m). From the camp we have astonishing views across the lake to the Yerupaja Grande, Yerupaja Chico (6121m), Jirishanca and Siula Grande.

Approx. 11kms hiking 4 hours



Hiking to Carhuacocha



Carhuacocha Lake

Day 3: Side Trip to the Spectacular Laguna Siula Lakes and Return to Carhuacocha Camp We stay another night at Carhuacocha to enjoy the mountain surroundings. We take a day hike up a side valley past the base of Yerupaja and Siula Grande. Here we find 3 glacial lakes, all unique in that each has a different shade of blue or green. Sometimes we see avalanches coming off the glaciers into the lakes.



Siula Lakes

Hiking towards the Pass

**Note:** For the fit and adventurous, it is possible to continue by hiking a circuit up past the Siula Glacier to a pass at 4800 metres, and then return along an unmarked trail through a high hidden valley where we often see wild vicuña grazing, before descending back to Laguna Carhuacocha (a total 8 hours for the day). Alternatively, you may prefer a quiet afternoon trout fishing!



Siula Glacier

#### Day 4: Via Punta Carhuac to Laguna Mitucocha

A steady ascent on a good path takes us to Punta Carhuac (4650m) pass, with good opportunities en route of spotting the elusive Viscacha rodent, endemic to the high Andes. From here, weather permitting, we will enjoy excellent views of the Yerupaja and Siula Grande peaks. We descend on grass to the Janca plateau then head southeast to reach tonight's camp at another large, trout-filled lake; Laguna Mitucocha (4250m). After lunch, you have the option of walking around the lake. From our camp we have superb views of the sheer face of Jirishanca (6094m) and Jirishanka Chico. In 2013 season the local community have requested that groups do not camp next to the lake to protect the grass for their animals in the area. The campsite is now 15 minutes hike down river from the lake in a flat area

Approx. 12kms 4 to 5 hours



Mitucocha Lake

# Day 5: Via the Cacanan Punta Pass and Quartelhuain to the Rondoy Valley

In the morning we continue anti-clockwise across *puna* grasslands (paramo) and cross the pass – indeed the Continental Divide - at Cacanan Punta (4700m). We descend to the Quebrada Cuncush, a broad valley flanked by vast expanses of quenual forest, and pass a collection of crofts known as Quartelhuain, the site of tonight's camp (4350m).

Approx. 12kms 6 to 7 hours.



Cacanan Pass

Quartelhuain & Rondoy Valley

# Day 6: To Laguna Jahuacocha via the Rondoy Pass

We make a long traversing ascent to the Rondoy Pass (4750m). From here we enjoy yet more awesome views of the nearby peaks, the highest Huayhuash peak, Yerupaja (6634m), as well as Rondoy and others, dominating the panorama. The descent from the pass takes us first past a stunning, milky-blue glacial lake, Solteracocha, and then along the shore of the beautiful Laguna Jahuacocha to our picturesque camp at the head of the lake (4150m). Approx. 14kms

A harder day - 7 hours.



Rondoy Pass

Day 7: Free day at Laguna Jahuacocha for Rest & Relaxation or a side trip
The awesome setting, together with options for side-trips, means we stay an extra day at Laguna
Jahuacocha. We can take a day hike up to the Yaucha pass 4847m to take a look at the western

side of the Cordillera Huayhuash range or head up the Quebrada Rasac valley to the Rasaccocha glacial lake. Alternatively, you could enjoy a rest day and go fishing for trout! Why not visit the farmhouse just behind our camp and buy a beer to go with your trout?



Laguna Jahuacocha

# Day 8: Walk from Laguna Jahuacocha to Llamac. Drive from Llamac to Huaraz

After an early start and gentle descent for an hour, we start our gradual climb to the final pass, Pampa Llamac (4300m), from where we have our final views of much of the Huayhuash range. Then it is a long descent back to the Llamac valley and the village of Llamac.

Approx. 14kms hiking

5½ to 6 hours

In Llamac the bus will be waiting to take us back to Huaraz and your hotel for that long-awaited hot shower!! We arrive in Huaraz at about 06:00pm.



Huayhuash Trout

Llamac Pass

Llamac

# Hiking Hours & Kms Hiked:

Hiking hours are estimated times including rest breaks and lunch stop. Times are for our average groups based on past experience. Some people may be much faster and others slower. Kms hiked are estimated.

**Trek Roads:** Access roads to and from treks are generally dirt mountain roads (not paved) and in some places can be bumpy. Road travel times are slower than you may expect for the kms travelled.

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